

DEFINING PERSONAL SUCCESS



SUCCESS BEGINS WITH A DEFINITION...YOURS.



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1. QUALITIES THAT DEFINE SUCCESS

First, write down the qualities you would use to describe the successful people in your life. Examples may include grit, authenticity, generosity, connection, self-awareness, curiosity, and faith.

2. WORDS THAT DEFINE SUCCESS

Next, write down the words you would use to describe success. Some examples may include mindful, self-less, resilient, driven, integrity, courageous, balanced, purposeful, and grateful.

3. OBSTACLES THAT GET IN OUR WAY

Write down some of the obstacles that are holding you back from achieving success. Some examples may include fears, limiting beliefs, self-talk, comparison, the voices we were either listening to or not hearing from, our lack of a plan, not starting, and stopping too soon.

4. SUCCESS DEFINITION NOTES/INSIGHTS

Review the final definitions of success that were shared at DepthNotWidth.com/success. Write down some of the things that stood out for you in those definitions of success.

NOW IT'S YOUR TURN...

Finish this sentence: **"I'll feel like I've achieved success in my life when _____."**

Write as little or as much as you'd like.

Finish this thought: **"My biggest obstacle(s) to success is/are _____ . I'm going to breakthrough in this area by _____ ."**

Now, sign your name. Commit to chasing success in your life and facing those obstacles.

_____ Date: _____

WHY DOES THIS MATTER?

As I was researching success, I asked this bonus question in my “success” survey, “How important do you think feeling successful is in life, personally or professionally?” Reading through the responses, I understood that it does matter. Here are a few of the answers I received...

“Success, no matter the size, is the “carrot” every person needs to keep moving forward. Lack of any success can be paralyzing.”

“The only person that will know if you are truly successful is YOU. Success is an inside job, as they say.”

“It’s what keeps you motivated and moving towards something greater, so it’s crucial for growth.”

“Pretty important, but your definition of success has to be more than just ‘winning.’”

“Very important, people have a desire to live a purposeful life. I believe that is the way God wired all of us. The difference is the definition of success.”

“Critical. I believe we all have a gift - not meant for us to keep, but to unwrap and give to the world. When we don’t have the spirit of success within us, the world may miss our gift and we risk taking it to the grave with us. That being the case, it is also critical to walk the path - however long and winding it may be, until we feel our own version of success ... and only then ... can we give it away!”

So yes, feeling successful in life DOES matter. We just need to keep our definitions of personal success clear and focused on the right things, eliminating the distractions. This conversation is less about money and titles and more about purpose, relationships, faith, and meaning. When you look back on your life at the end, you’re going to want to say, “Yes, I did create success in my life... as a partner, a parent, a community member, a leader, a friend, as someone of faith... I was successful in what really mattered.”

That journey starts here, and I’m glad you’re investing this time with me. Thank you.

LET’S CONNECT!

If you’re not already subscribed to the Depth Not Width blog, here’s your invitation! I’ll be sharing encouragement, lessons, and some accountability to help you create success in what matters and depth in your life.

Join me today at DepthNotWidth.com

- John

