MY 2020 SNAPSHOT

ACHIEVING DEPTH IN 2021 STARTS HERE.

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Setting your goals for 2021 starts with a review of your past year. Reflecting on 2020, invest some time diving into the valuable lessons you've learned this year, both personally and professionally.

INSTRUCTIONS:

Looking back on 2020, consider the questions below. Writing down your responses will help clear your mind, create focus, and will make your thoughts more sticky for you to access in the future. **The 2021 you want to create begins right here...**

1. Awareness

How would you describe this past year in three words?

2. Wins and Losses

Where did you experience wins in 2020?

2020 was a year of peaks and valleys. Where did you experience losses?

3. Strengths

Which of your strengths were the most valuable to you over the past year?

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4. Lessons (The most important question you'll answer this year.)

What lessons did you learn in 2020, and what will you carry from this year into the next?

5. Growth

In 2020, which area did you grow in the most? What new things did you learn about yourself?

6. Unfinished

Were any goals this year left incomplete? Which ones will you pick back up in 2021, or leave behind?

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READY FOR MORE?

Create more depth in your life this 2021! Follow me on the Depth Not Width blog at **DepthNotWidth.com**

We'll talk about 2021 goal setting, and you'll find inspired blog posts, tools, and a community of people like you who are focused on living life on purpose. **See you there! - John**